

The Cove

Summer 2026



Ladies Coffee Ladies in Monarch Cove have been meeting weekly during the summer months for years. The group has grown over time, and a few years ago, it was decided that conversations were difficult when the ladies were seated at different picnic tables. Now, every Tuesday during the summer at 10:00 a.m., ladies in Monarch Cove meet next to the park on the porch of Karen Hammer.

The only thing you need to bring is your own cup of coffee. So if you are looking to reconnect, meet new people, or just enjoy conversation and friendship, grab your coffee and join the fun. If the chairs are full, come anyway - Karen will always find you a seat!

TOP STORIES



Summer Church Every summer, church services are held in Epworth Hall with a rotation of guest pastors and musicians. Many Monarch Cove residents attend, and all are welcome. Church services run Memorial Day through Labor Day at 9:00 a.m. This summer, we are blessed to have the following pastors:

Rev. Erling Shultz, Rev. Paul Fredericksen, Rev. Angie Loomis, Rev. Bev Wolff, Rev. Trevor Davis, Rev. Dr. Joe Callahan, Rev. Cindy Fin, Rev. Phil Blackwell,

Pastor Bill Hoff, Pastor Andy Nelson, Rev. Lydia Moes Miller, Father James Secora, Rev. Wendy Witt, and Rev. Scott Grotewold. Our pianists and musical guests are too numerous to name, but the talent is endless. There is something for everyone this summer, so please join us in Epworth Hall!

For the Good of the Community

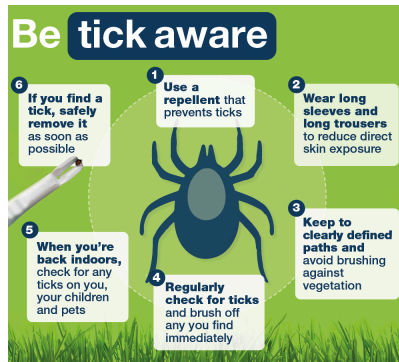


Quiet Hours Did you know that Monarch Cove has quiet hours? Because Monarch Cove is made up of residences and is not a resort, quiet hours were written into the bylaws when Monarch Cove was formed. Thank you for observing quiet hours from 11:00 p.m. until 7:00 a.m.



Recycle Dumpster Per request, we have added a second dumpster for recycling. However, if cardboard boxes are not broken down first, dumpsters filling up as soon as they're empty will continue to be an issue. Please be part of the solution and *break down your cardboard boxes and only put recyclables in the recycling dumpster*. A full list of what can go in the recycle dumpster is on the back of your blue card. Thanks!

An Ounce of Prevention...



Ticks Tick Season in Iowa is in full swing, and 2026 has been the most aggressive in a decade. Three species of ticks are found in Iowa. *The American Dog Tick* is the most common and is the primary transmitter of Rocky Mountain spotted fever. The *Blacklegged Tick/Deer Tick* is found in the majority of the state's counties, and is the only tick that transmits the bacteria causing Lyme disease. The *Lone Star Tick* has expanded its territory into Iowa and is known for the prominent white dot on the female. This tick carries multiple diseases and is associated with an allergy triggered by consuming red meat.

Common folk remedies for tick removal, such as burning or smothering the tick, can increase the chances of contracting a tick-transmitted disease, as the stressed tick can regurgitate into your bloodstream. If you do find a tick attached to your skin:

- Carefully remove the tick by using fine-tip tweezers (to get the head, not the body) to grasp the tick's mouthparts, grabbing as close to the skin as possible. Pull straight up *without* twisting. Clean and disinfect the site. If the tick is swollen and gun-metal grey, it may have been attached long enough (36 hrs) to transmit disease.
- Tell your doctor if you experience any symptoms of Lyme disease after a tick bite, such as fever, joint pain, rash, or inflammation at the bite site. Symptoms typically develop 3 to 30 days after the bite.
- If you're exposed to a tick in Iowa and are curious to know what species the tick is, place it in a crush-proof container and send it with a submittal form. Along with contact info, include if the tick was found on a human or animal, if it was attached, and the date found. Send to:
- **ISU Plant & Insect Diagnostic Clinic**
2445 ATRB
2213 Pammel Dr.
Ames, IA 50011
Sample forms and more info can be found at
<https://yardandgarden.extension.iastate.edu/pidc/how-submit-sample>

Announcements



- Our sympathies to the Goodenow family on the passing of Jean Goodenow in April
- Our sympathies to the Erickson family on the passing of Mary Erickson in April.
- Board meetings - 9:00 a.m. 9/12/26, 12/12/26
- Mark your calendars! Annual Meeting 7/25/26 - Wards Meet at 9:00 a.m. General Meeting at 10:00 a.m.
- Thank you to everyone who came to help with the spring cleanup!
- Do you have an idea for the "spotlight" section of the newsletter? Email me at mcbojinews@gmail.com
- Check out monarch-cove.com for meeting minutes & newsletter archive.

If you would like something included in the announcements, please send requests to mcbojinews@gmail.com